

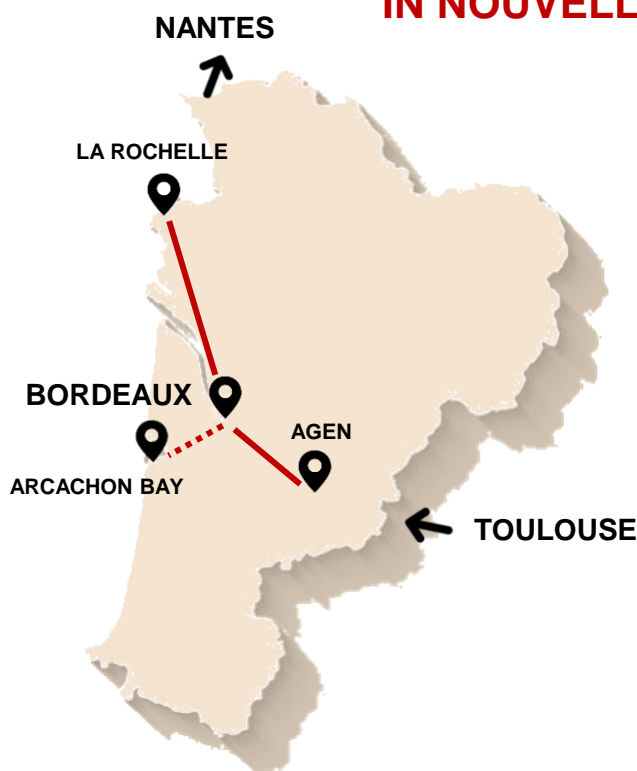
MY SCHEDULE IN NOUVELLE-AQUITAINE DURING THE RUGBY WORLD CUP



ECOTOURISM SPECIAL

© G Villégier / CRTNA

BETWEEN MATCHES, ENJOY AUTHENTIC AND NATURAL BREAKS IN NOUVELLE-AQUITAINE



AGEN AND CANAL DE GARONNE



Agen is a land of contrasts and the beating heart of the Lot-et-Garonne, 1 hour from Bordeaux.

Agen is an ancient port on the Garonne that's a small, friendly, foodie and fascinating town! It's famous for being the capital of prunes. The Garonne and its UNESCO canal are the perfect places for a refreshing break.

Unmissable: get out of the town centre and visit the locals' pride and joy: **Agen's canal bridge**. It spans the majestic Garonne and is one of the biggest in Europe!

Walk or ride over the canal bridge, visit the Jacobins Church or the Fine Arts Museum.

Experiences: soak up the great outdoors with activities at **Passeligne Nature Park** or climb the Ermitage hillside for views of the old town.

TRANSPORT



Toulouse - Agen: 70 mins
Agen - Bordeaux: 1 hr
Bordeaux - La Rochelle: 2.5 hrs
Bordeaux - Arcachon: 50 mins
La Rochelle - Nantes: 1 hr 45



Toulouse - Bordeaux: 2 hr 40
Bordeaux - Nantes: 3.5 hr

CONTINUE YOUR ADVENTURE ALONG THE CHARENTE COAST !



BORDEAUX AND ITS PARKS

At 1 hour from Agen, Bordeaux will dazzle you with its busy terraces and leafy streets along the **Garonne River**.

Unmissable: take a walk in the many **parks, the city's green lungs**. Experience the **Darwin** ecosystem, an alternative cultural and sustainable site on the right bank in Bordeaux.

Experiences: learn how history has bound Bordeaux to its river at the **Musée Mer Marine**. Soak up the magic of Bordeaux's **parks and botanical gardens**.



PLUS...

Terra Aventura scavenger hunt with the family, "Head in the Star'z" in Floirac (33), "The Pearls of Lead" in l'Houmeau (17).

Arcachon Bay (45 min train ride from Bordeaux): go on a guided tour of the "winter town", an **excursion with an oyster farmer** or a **bike ride to the Dune of Pilat**).

Book your tour with a naturalist guide at **Teich Bird Reserve**.

The **floral villages on Ile de Ré**, heaven for cyclists and a bus ride from La Rochelle.

GOOD ADDRESS IDEAS

Bordeaux : 3* Hôtel Mercure Château Chartrons

La Rochelle : Cosy Hôtels

Bordeaux : La Fine Bouche restaurant



LA ROCHELLE DOOR TO THE OCEAN

La Rochelle is a **seaside haven** within 2 hours of Bordeaux.

Unmissable: enjoy the gentle sea breeze as you stroll around the **old port** and walk or ride to the **incredible Les Minimes marina**.

Feast your eyes on La Rochelle's towers, relics of naval maritime fortifications, and visit **one of the biggest private aquariums in Europe**.

Experiences: explore **mussel farming villages** near the city and look out for **migratory birds in Aiguillon Bay**, national nature reserve.



FOR RUGBY FANS...

It's match time!

In Bordeaux, by tram or by bike, head for the **Matmut Atlantique stadium** or the **fan zone** on the banks of the Garonne to support your team.

In La Rochelle, rugby atmosphere, at the bar "Aux Vieux Crampons".

Did you know? Base camps of the Rugby World Cup.

In Lormont : Fiji team.

In Libourne : Romania team.

In La Rochelle-Ile de Ré : Georgia team.

TOP TIPS – CITY PASS

Bordeaux City Pass 24, 48 or 72 hr.

La Rochelle Océan Pass 2-3 or 7 days.

Canoe ride on the Leyre with a rainforest vibe.

TER train rides to Rochefort, Saintes from La Rochelle.